

WHITE WILLOW CENTRE

MYOMASSOLOGY CERTIFICATION PROGRAM

REGISTRATION FORM

Welcome to the Myomassology Certification Program offered by White Willow Centre for Natural Therapies and Holistic Study. This registration form is designed to gather necessary information ensuring your successful enrolment.

PROGRAM DETAILS

- **Program Duration:** 600 hours
- **Instructor:** Desiree Marcotte, Certified Myomassology Training Instructor through Aromatica Centre for Natural Therapies and Holistic Study.

REGISTRATION FORM FIELDS

Please fill out the following fields to complete your registration:

1. **Name:** _____
2. **Address:** _____
3. **City:** _____
4. **Postal Code:** _____
5. **Phone (Home):** _____
6. **Preferred Start (Spring/Fall):** _____
7. **Payment Information:** _____
Signature: _____ **Date:** _____

INSTRUCTIONS TO COMPLETE THE FORM

- Fill out all fields clearly and completely.
- Save the filled form to your device.
- Email the completed form as an attachment to whitewillowcentre@gmail.com

PAYMENT OPTIONS

Please indicate your preferred payment method on the form. Payment can be made via credit card, e-transfer, or cheque. Once your application is approved, you will need to send \$500 (non-refundable) to secure your spot in the program. Thereafter, the remainder of the course fee is due two weeks prior to the program start date. If you wish to discuss other payment plans available, please contact us.

MAILING DETAILS

For mail-in registrations, please send your completed form and payment to: White Willow Centre for Natural Therapies and Holistic Study, attention to Desiree Marcotte, 1978 Caribou Road Sudbury ON P3A 4V8

REQUIREMENTS FOR PROGRAM ADMISSION

To be eligible for the Myomassology Certification Program, applicants must meet the following criteria:

- Minimum age of 18 years
- High school diploma or equivalent
- Proficiency in English or French (spoken and written)
- Provide a character reference
- Submit a current CV
- Include a personal letter expressing why you are interested in this program

We look forward to welcoming you to our Myomassology Certification Program!

PAYMENT INSTRUCTIONS AND FEES

To secure your place in the Myomassology Certification Program, all applicants are required to submit a non-refundable deposit of \$500 once their application is approved. This deposit is essential for processing your application and ensuring your enrollment in the program.

NB: your deposit will be deducted from total course fees and is non-refundable.

TOTAL COURSE PRICE

The cost of our Myomassology Certification Program is \$9,895 plus applicable tax. Following the initial deposit of \$500, the remaining balance must be paid in full at least 14 days prior to course start date unless special arrangements have been made.

Examples of Special Arrangements if approved:

Payment Instalment: Program Fee due \$9,895

- **Deposit:** \$500 (non-refundable)
- **First Instalment:** \$3,395 due 14 days prior to course start date
- **Second Instalment:** \$3,000 due 60 days after first instalment
- **Final Instalment:** \$3,000 due 30 days before the program completion date

OR

Monthly Payments: Program Fee due \$9,895

- **Deposit:** \$500 (non-refundable)
- \$1565.83 monthly due on the first of each month via post dated cheques

NB: ***\$60 fee applies for each payment that is returned unpaid due to NSF **

ACCEPTABLE PAYMENT METHODS

Payments can be made through various methods and include:

- **Cheque:** Make your cheque payable to "Desiree Marcotte at White Willow Centre" and mail it to the address specified below.
- **Money Order:** Similar to cheques, money orders should be made out to the same name and sent to our mailing address.
- **E-Transfer:** For those who prefer digital transactions, e-transfers can be sent to whitewillowcentre@gmail.com. Please include your name and the course name in the message for proper tracking.

MAILING ADDRESS FOR DEPOSITS

Please ensure all payments, including the non-refundable deposit, are sent to the following address:

White Willow Centre for Natural Therapies and Holistic Study
1978 Caribou Road Sudbury ON P3A 4V8

IMPORTANT NOTE

All applicants are required to fulfill their application requirements to be officially registered in the program. This includes submitting the completed registration form, necessary documents, and payment. Failure to meet these requirements may result in delays or forfeiture of your spot in the program.

COURSE OFFERINGS AND SCHEDULE OPTIONS

White Willow Centre for Natural Therapies and Holistic Study, offers flexible course scheduling to accommodate various learning preferences and lifestyles. Our Myomassology Certification Program is available in both Spring and Fall sessions, allowing students to choose the time that best fits their needs.

Are you an exceptional learner or in need of accommodation? Let us know!

We recognize learning differences and will work with you to support your individual learning needs. We want everyone in our program to feel valued

PREFERRED COURSE OFFERINGS

- **Spring Session:** Courses begin in early March and run through late May.
- **Fall Session:** Courses commence in early September and conclude in late November.

TRAINING OPTIONS

We provide three training options for our Myomassology Certification Program, each designed to cater to different schedules and commitments:

12 Weekends Over 12 Months:

- **Duration:** One weekend per month
- **Schedule:** Frid 6:00 PM to 9:00 PM and Sat and Sun 9:00 AM to 5:00 PM
- **Total Sessions:** 12 sessions, allowing for a more gradual pace of learning

12 Weekends Over 6 Months:

- **Duration:** Two weekends per month
- **Schedule:** Frid 6:00 PM to 9:00 PM and Sat and Sun 9:00 AM to 5:00 PM
- **Total Sessions:** 12 sessions, providing a more intensive learning experience

Weekday Training:

- **Duration:** One week per month
- **Schedule:** Mon to Frid 9:00 AM to 5:00 PM
- **Total Sessions:** 7 distributed over 7 months, for those who prefer weekdays

Each of these options is structured to ensure that participants receive comprehensive training while accommodating their personal and professional commitments. Students are encouraged to select the option that aligns best with their schedules to maximize their learning experience.

MYOMASSOLOGY CERTIFICATION TRAINING

COURSE DESCRIPTION

Welcome to the Myomassology Certification Program at White Willow Centre for Natural Therapies and Holistic Study. This comprehensive program is designed for individuals seeking to master the art of therapeutic bodywork through a curriculum that encompasses various modalities.

CURRICULUM OVERVIEW

The Myomassology Certification Program covers a wide range of topics and techniques essential for aspiring practitioners. The curriculum includes:

- **Swedish Massage:** Learn the foundational techniques for relaxation and stress relief.
- **Reflexology:** Explore the therapeutic benefits of working on reflex points in the feet, this training is recognized by the Reflexology Association of Canada
- **Contraction Release Therapy (CRT):** Gain insight into advanced techniques for addressing muscle tension.
- **Traditional Chinese Fire Cupping & Tuina:** Growing in popularity, resembling deep tissue, therapeutic to enhance the healing process.

- **Indian Head Massage:** Learn specific relaxation techniques used over the upper body and head while leaving behind hair with added sheen.
- **Client Assessment:** Develop skills to assess client needs and tailor treatments accordingly.
- **Pregnancy Massage:** Learn to apply a therapeutic touch including the use of moxibustion to turn breech + acupressure analgesia for labour.
- **Craniosacral Therapy:** Assess & Realign the dural membrane system housing the central and peripheral nervous systems.

EDUCATIONAL MATERIALS

Students enrolled in the program will receive a comprehensive set of educational materials, including textbooks and manuals. These materials are designed to support both on-site instruction and home study, ensuring a well-rounded educational experience.

CAREER OPPORTUNITIES

Upon successfully completing the Myomassology Certification Program, graduates can pursue various career pathways, including:

- Establish own private practice
- Work in natural health clinics
- Work in spas, vacation resorts or on cruise ships
- Reflexologist registration - apply through RAC

PROGRAM STRUCTURE

The program consists of 600 total hours, combining on-site instruction, home study, and clinical practicums. Students will engage in 400 hours of hands-on training and practice, and 200 hours of home study, ensuring they acquire the necessary skills and confidence to excel in their future careers.

Join us in this transformative journey and equip yourself with the knowledge and skills to make a positive impact on the well-being of others.

CURRICULUM BREAKDOWN

The Myomassology Certification Program is structured into three key components, each designed to provide a comprehensive understanding of essential concepts and practical skills in the field of natural therapies. Below is

a detailed breakdown of each component along with the total educational hours allocated for certification and hands-on practice.

COMPONENT 1: ANATOMY & PHYSIOLOGY HOME STUDY INCLUDING WORKBOOK

Students will study the intricate systems of the human body, including muscular, skeletal, and circulatory systems. The curriculum includes:

- **Topics Covered:** Anatomy, Physiology, Swedish Massage, CRT, Reflexology
- **Educational Hours:** 200 hours

COMPONENT 2: ON-SITE, IN-CLASS HOURS

Delve into various massage modalities, focusing on both traditional and modern techniques. Students will learn:

- **Topics Covered:** Swedish massage, CRT, Reflexology, Pregnancy Massage, Traditional Chinese Fire Cupping & Tuina, IHM and CST
- **Educational Hours:** 270 hours including reviews & examinations

COMPONENT 3: DOCUMENTED CLINICAL PRACTICUMS

Students will put their newly learned skills into practice, documenting practicums in Swedish Massage & CRT (50 hrs), Reflexology (50hrs), IHM (15 hrs), Fire Cupping & Tuina (15 hrs).

- **Topics Covered:** Introduction to aromatherapy, blending techniques, additional complementary therapies.
- **Educational Hours:** 130 hours

ADDITIONALLY COVERED: BUSINESS PRACTICES FOR PRACTITIONERS

Equips students with the necessary skills to successfully manage their own practice. Topics include:

- **Topics Covered:** Marketing strategies, client management, legal considerations, and financial planning.

TOTAL EDUCATIONAL HOURS

The entire Myomassology Certification Program comprises a total of **600 hours**, encompassing both theoretical learning and practical application. The balanced approach ensures that graduates are well-prepared to enter the workforce as competent and confident practitioners.

CAREER OPPORTUNITIES FOR GRADUATES

Graduates of the Myomassology Certification Program at White Willow Centre for Natural Therapies and Holistic Study are equipped with a diverse range of skills that open up numerous career paths in the holistic health and wellness industry. The comprehensive training prepares students for various roles, allowing them to find a niche that aligns with their interests and talents.

One of the most popular options is starting a **private practice**. This path provides the flexibility to set one's own hours, choose the clientele, and create a personalized treatment environment. Graduates can apply their knowledge of different modalities, such as Swedish massage and contraction release techniques, to tailor their services to meet individual client needs.

Alternatively, graduates may pursue employment in **clinics**, where they can collaborate with other health professionals to offer integrated care. This role often involves working alongside physiotherapists, chiropractors, or medical doctors, providing complementary treatments that enhance patient recovery and overall wellness.

The **spa and resort industry** also offers exciting opportunities. Many graduates find positions in wellness centres, spas, or hotels, where they can provide relaxation and restorative therapies to guests seeking rejuvenation. The skills learned in aromatherapy and client assessment are particularly valuable in these environments, as they allow practitioners to create tailored experiences that enhance client satisfaction.

For those who enjoy travel, working **onboard cruise ships** can be an exhilarating option. Graduates can provide therapeutic services to passengers, combining their passion for bodywork with the adventure of exploring new destinations.

Overall, the Myomassology Certification Program equips graduates with essential skills in body work, client assessment, and therapeutic techniques, enabling them to excel in various settings. Whether they choose to work

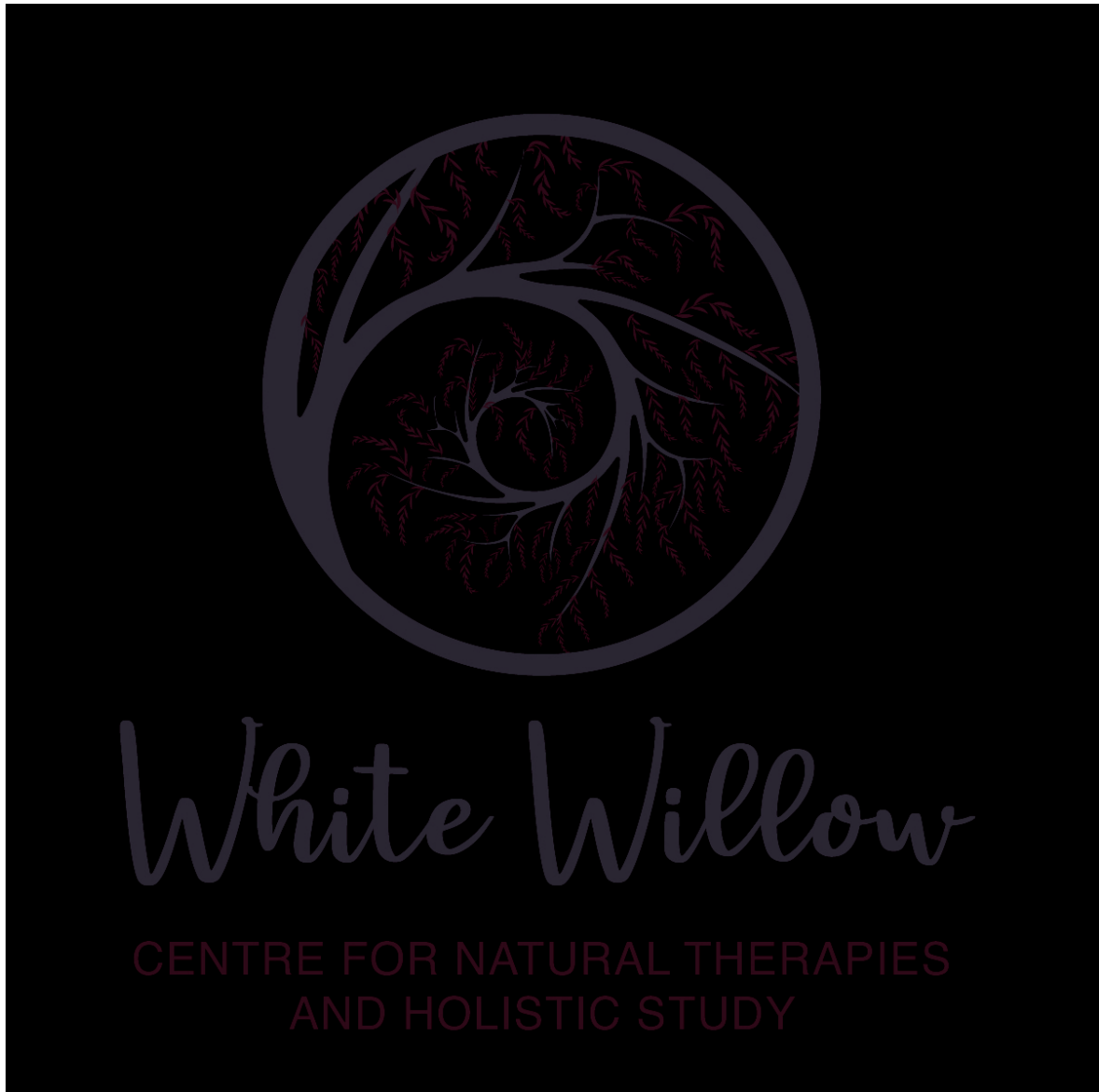
independently or as part of a larger team, the opportunities available are as diverse as the skills they have acquired.

PROGRAM POLICIES AND CONTACT INFORMATION

At White Willow Centre for Natural Therapies and Holistic Study, we understand that unforeseen circumstances may necessitate changes in our scheduled classes. Our policy regarding class cancellations or rescheduling is designed to accommodate students while maintaining the integrity of the program.

If a class must be cancelled due to circumstances beyond our control, such as inclement weather or instructor unavailability, we will notify students promptly via email and provide a new date for the affected session. In the case that a student needs to reschedule their participation, they may do so only if an upcoming class is scheduled and available, otherwise they will forfeit the missed training. We encourage open communication to ensure that each student has the opportunity to complete their coursework.

To stay updated on any changes to the schedule or to inquire about class dates, availability, and other program details, please contact White Willow Centre directly. We are committed to providing timely and accurate information to our students.



CONTACT INFORMATION

For any inquiries, please reach out to us using the details provided below:

- **Email:** whitewillowcentre@gmail.com
- **Phone:** 705-920-1935
- **Location:**
White Willow Centre for Natural Therapies and Holistic Study
1978 Caribou Road Sudbury ON P3A 4V8

We are available during office hours to assist you with any questions you may have regarding the Myomassology Certification Program or any other services we offer. We look forward to supporting you on your educational journey!

